

PEPPER planting and growing

Planting and Growing Percect Peppers in a Nature-Based Garden



You can grow healthy, thriving heirloom pepper plants while fostering biodiversity and ecological resilience in your garden.



1 Start with healthy soil. Ensure your soil is well-draining, rich in organic matter.

3 Provide Adequate Water: Keep the soil consistently moist, especially during hot, dry periods, while considering a nature-based perspective. Mulching can help retain moisture and regulate soil temperature in a nature-based garden. plants.

5 Support Tall Varieties: Some pepper varieties, especially bell peppers and hot peppers, may benefit from staking or caging to support their weight as they grow, a practice compatible with a nature-based approach

7 Encourage Pollination: Peppers are self-pollinating, but gentle shaking of the plants or introducing pollinators like bees can improve fruit set, aligning with nature-based principles.



2 Plant in Full Sun: Peppers love sunlight, so choose a sunny spot in your garden for planting.

4 Space Plants Appropriately: Give pepper plants enough space to grow and receive adequate airflow, typically 18 to 24 inches apart in rows spaced 24 to 36 inches apart, following a nature-based gardening method

6 Fertilize Sparingly: Avoid over-fertilizing, as this can lead to excessive foliage growth at the expense of fruit production, in line with a nature-based philosophy. Use organic fertilizers or compost to provide essential nutrients.



8 Watch for Pests and Diseases: Keep an eye out for common pests like aphids and hornworms, as well as diseases like bacterial spot and powdery mildew, and employ organic pest control methods when necessary, in accordance with a nature-based approach

Harvest at the Right Time: Pick peppers when they reach their mature color and size. Regular harvesting encourages continued fruit production throughout the season.

